

Hello Families and Volunteers:

I first would like to introduce myself. My name is Sarah Hall and I will be the new Adult Day Center Manager. I apologize for the lateness of the newsletter and activity calendar. Some Families are aware that Alyssa "Woo" has taken on a new role within Three Links. She will surely try to come visit us from time to time down here at the Center when she is able.

I do look forward to working with all the families and loved ones that attend the Adult Day Center. Please don't hesitate to reach out if you have any concerns. My office number is 507-664-8865. If I don't answer please leave a message and I will get back to you as soon as I can.

LIFE ENRICHING AUGUST

We have a number of life enrichment outings planned in the month of August here are some mentionable:

As always, our volunteers will be joining us throughout the month and will provide different opportunities to play games, make crafts and to indulge in conversation.

We have several National Days we will take part in, such as National Mosquito Day, National Relaxation Day, Aviation Day and National Wiggle Your Toes Day.

We will be taking a trip to the Stanton Airport and be given a tour around the area.

We will attend the Northfield Montessori on Wednesday August 21st and 22nd.

In addition, we will also be participating with some bowling again. If your loved one has a trust account set up, we will be taking out \$3.50 for the bowling outing. As always you will be notified if the trust accounts are running low. If you do NOT want your loved one to attend an outing, you will need to let myself or another staff member know and we can plan accordingly.

A few Adult Day Services updates and friendly reminders for the future:

- I will be out of the office on Monday, July 8th 2019 at 12 noon
 - **Please call the main Adult Day Service number on these above dates at 507-664-8869.** This will ensure your message is relayed to a staff member. I will return all calls and emails on July 9th, 2019.

I would also like to introduce our new team member, Lindsey. She will be The Adult Day Centers new Activity Coordinator/Bus Driver. Lindsey has worked at Three Links Care Center for some time and we are excited for her to join our small team here at the Adult Day Center.

As Always, thank you for being a part of Three Links Adult Day Services.

With thanks,

Sarah Hall