

# October 2019 Life Enrichment



Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	National Golf Day 4
	9:00 Breakfast 10:00 Exercise 10:30 Sing Along 11:30 Free Time 12:00 Lunch 1:30 Mini Horses- CC Garden (weather permitting)	9:00 Breakfast 10:00 Exercise 10:30 Game: Fall JINGO 11:30 Free Time 12:00 Lunch 1:00 Movie & Popcorn: "Caddy Shack"	9:00 Breakfast 10:00 Exercise 10:30 Reminiscing: Fall memories 11:30 Free Time 12:00 Lunch 12:30-2:00 Isabelle: Volunteer/Craft 2:00 Red Hat Chorus CC DR	9:00 Breakfast 10:00 Exercise 10:30 Fun Facts: Golf 12:00 Lunch 1:00 Golfing Game 2:00 Snack <b>Golfer Attire Dress up!</b>
7	8	Fire Prevention Day 9	Angel Food Cake Day 10	11
9:00 Breakfast 10:00 Exercise 10:30 Sit on Patio 11:30 Free Time 12:00 Lunch 1:30 Josh: Volunteer 2:30 Snack	9:00 Breakfast 10:00 Exercise 10:30 Pastor Guam visit 11:30 Free Time 12:00 Lunch <b>1:00 Hot Sam's Antiques</b> 2:30 Snack	9:00 Breakfast 10:00 Exercise 10:30 Rachel: Volunteer/Game 11:30 Free Time 12:00 Lunch 1:00 Fire Safety Education 2:00 Snack <b>Wear Red day!</b>	9:00 Breakfast 10:00 Exercise 10:30 Craft: Ghosts 11:30 Free Time 12:00 Lunch 12:30-2:00 Isabelle: Volunteer 2:00 Angel Food Facts & Snack	9:00 Breakfast 10:00 Exercise 10:30 Sing Along 11:30 Free Time 12:00 Lunch 1:00 Travel to Australia (video) 2:00 Snack: Mango
14	15	Dictionary Day 16	17	18
9:00 Breakfast 10:00 Exercise 10:30 Sit on Patio 11:30 Free Time 12:00 Lunch <b>1:00 Scenic Drive: Fall Colors</b> 2:30 Snack	9:00 Breakfast 10:00 Exercise 10:30 Sit on Patio 11:30 Free Time 12:00 Lunch 1:00 Craft: Word Collage 2:00 Snack	9:00 Breakfast 10:00 Exercise 10:30 Dictionary Facts & Hangman 11:30 Lunch <b>12:30 Pumpkin Pick up</b> 1:30 Pumpkin Painting 2:30 Snack: Pumpkin Bars	9:00 Breakfast 10:00 Exercise 10:30 Sing Along 11:30 Free Time 12:00 Lunch 12:30-2:00 Isabelle: Volunteer 2:00 5 <sup>th</sup> Street Accordion CC DR	9:00 Breakfast 10:00 Exercise 10:30 Pumpkin Craft 11:30 Free Time 12:00 Lunch 1:00 Decorate for Halloween 2:00 Snack
Count Your Buttons Day 21	22	23	24	World Pasta Day 25
9:00 Breakfast 10:00 Exercise 10:30 Button Craft 11:30 Free Time 12:00 Lunch 1:30 Josh: Volunteer 2:00 Snack	9:00 Breakfast 10:00 Exercise 10:30 Pastor Guam visit 11:30 Lunch <b>12:30 Pumpkin Pick up</b> 1:30 Pumpkin Painting 2:30 Snack: Pumpkin Bars	9:00 Breakfast 10:00 Exercise 10:30 Pumpkin Painting/Craft 11:30 Free Time 12:00 Lunch <b>1:00 Bowling</b> 2:30 Snack	9:00 Breakfast 10:00 Exercise 10:30 Rachel: Volunteer/Baking 11:30 Free Time 12:00 Lunch 12:30-2:00 Isabelle: Volunteer 2:00 Noah Battles CC DR	9:00 Breakfast 10:00 Exercise 10:30 Fun Facts: Pasta & Italy 11:30 Free Time 12:00 Lunch 1:00 Travel to Italy (video) 2:00 Snack: Gelato
28	29	30	Halloween 31	
9:00 Breakfast 10:00 Exercise 10:30 Craft: Bats 11:30 Free Time 12:00 Lunch 1:00 Movie: "The Addams Family" 2:00 Snack	9:00 Breakfast 10:00 Exercise 10:30 Reminisce: Halloween 11:30 Free Time 12:00 Lunch 1:00 Movie: "Casper" 2:00 Snack	9:00 Breakfast 10:00 Exercise 10:30 Game: Halloween JINGO 11:30 Free Time 12:00 Lunch 1:00 Movie: "Hocus Pocus" 2:00 Snack	9:00 Breakfast 10:00 Exercise 10:30 Baking 12:00 Lunch 12:30-2:00 Isabelle: Volunteer 1:00 Halloween Party <b>Costume Dress Up!</b>	CC= Care Center DR= Dining Room <b>Outing</b> <b>Dress up</b>