

# Three Links Adult Day Services

## Life Enrichment: May 2019



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Saturday	Sunday
		<b>May Day! 1</b> 9:00 Breakfast / Socialize 10:00 Quote of the Day & Exercise 10:30 Game: Minnesota Jingo! 11:30 Sing Along! 12:00 Lunch <b>1:00 Outing to Northfield Montessori - Craft &amp; Snack with Preschoolers!</b>	<b>2</b> 9:00 Breakfast / Socialize 10:00 Quote of the Day & Exercise 10:30 May Canvas Painting! 11:30 Free Time 12:00 Lunch 1:00 Movie & Popcorn: Movie TBD by clients	<b>3</b> 9:00 Breakfast / Socialize 10:00 Volunteer: David- Bird Jingo! 11:00 Quote of the Day & Exercise 12:00 Cinco De Mayo Lunch! 1:00 Volunteer: Music, Conversation, Games & Cinco de Mayo treat with Rachel!	<b>4</b>	<b>5</b> Cinco De Mayo!
<b>National Nurses Day! 6</b> 9:00 Donut –Make-You-Wonder? 10:00 Quote of the Day & Exercise 10:30 Craft: Ceramic Artwork! 11:30 Free Time 12:00 Lunch & Mental Health Facts 1:30 Josh & Kids – Conversation Volunteers! 2:30 Snack & Conversation	<b>National Teachers Day! 7</b> 9:00 Donut –Make-You-Wonder? 10:00 Quote of the Day & Exercise 10:30 Volunteer: Tamara – Violin & Conversation! 12:00 Lunch & Mental Health Facts <b>1:15 Volunteer: Isabelle – Bowling @ Jesse James Lanes!</b> 2:30 Snack & Conversation	<b>National "Have a coke day!" 8</b> 9:00 Breakfast / Socialize 10:00 Quote of the Day & Exercise 10:30 Game: What's In the Bag?! 11:30 Free Time 12:00 Lunch & Coca-Cola! 1:00 May Canvas Painting! 2:00 Crafts: Mason Jar Decorations	<b>National Brownie Day! 9</b> 9:00 Breakfast / Socialize 10:00 Quote of the Day & Exercise 10:30 What's In the Bag?! 11:30 Free Time 12:00 Lunch & Brownies! <b>1:00 Outing to Northfield Montessori - Craft &amp; Snack with Preschoolers!</b>	<b>National Day Center Day! 10</b> 9:00 Breakfast / Socialize 10:00 Volunteer: David- Springtime Jingo! 11:00 Quote of the Day & Exercise 11:30 Free Time 12:00 Lunch 1:00 Music with Emmali! 2:30 Coffee, Cookies, Conversation!	<b>11</b>	<b>12</b> Happy Mother's Day!
<b>Apple Pie Day! 13</b> 9:00 Breakfast / Socialize 10:00 Quote of the Day & Exercise 10:30 Sing Along! 11:30 Lunch 12:30 Volunteer: Tamara – Apple Jingo & Apple Pie! <b>1:15 Bowling @ Jesse James Lanes!</b>	<b>14</b> 9:00 Breakfast / Socialize 10:00 Quote of the Day & Exercise 10:30 Volunteer: Pastor Quam! 11:15 Sing Along! 12:00 Lunch 1:15 Volunteer: Isabelle Artwork & Pictures! 2:30 Snack & Conversation	<b>Police Memorial Day! 15</b> 9:00 Breakfast / Socialize <b>10:00 National Police Week: Conversation with the Northfield Police Department @ Care Center</b> 11:00 Quote of the day & Exercise 12:00 Lunch 1:00 Board Games & Card Games 2:00 Trivia & Reminiscing!	<b>16</b> 9:00 Breakfast / Socialize 10:00 Quote of the Day & Exercise 10:30 Games & Competitions! 11:30 Free Time 12:00 Lunch <b>1:45 50 North Bell Chimes Concert @ Care Center Dining Room!</b>	<b>National Pizza Party Day! 17</b> 9:00 Breakfast / Socialize 10:00 Volunteer: David- Pizza Jingo! 11:00 Quote of the Day & Exercise 11:30 Free Time 12:00 Pizza Party Lunch! 1:00 Movie & Popcorn: Movie TBD by clients	<b>18</b>	<b>19</b>
<b>20</b> 9:00 Breakfast / Socialize 10:00 Quote of the Day & Exercise 10:30 120 <sup>th</sup> Anniversary Artwork! 12:00 "Passport" to Alaska Lunch & Alaskan Presentation by Emmali! 1:00 Volunteer: Tamara – Violin! 2:00 Baking Group: Banana Bread!	<b>Wear your favorite hat day! 21</b> 9:00 Breakfast / Socialize 10:00 Quote of the Day & Exercise 10:30 120 <sup>th</sup> Anniversary Artwork! 12:00 "Passport" to Alaska Lunch & Alaskan Presentation by Emmali! 1:15 Volunteer: Isabelle – Hand Massages, Manicures, & Hair!	<b>Wear your favorite hat day! 22</b> 9:00 Donut –Make-You-Wonder? 10:00 Quote of the Day & Exercise 10:30 Board Games & Card Games 11:30 Free Time 12:00 Lunch 1:00 Craft: Flower Artwork! 2:00 Coffee, Cookies, Conversation	<b>Client Birthday! 23</b> 9:00 Donut –Make-You-Wonder? 10:00 Quote of the Day & Exercise 10:30 Baking Group: Banana Bread 11:30 Free Time 12:00 Lunch <b>1:45 Red Hat Chorus Concert @ Care Center Dining Room!</b>	<b>24</b> 9:00 Breakfast / Socialize 10:00 Volunteer: David- Flower Jingo! 11:00 Quote of the Day & Exercise! 12:00 Lunch 1:00 Bird Feeders for the back patio! 2:00 Popsicles on the patio!	<b>25</b>	<b>26</b>
<b>27</b> <b>MEMORIAL DAY: THREE LINKS ADULT DAY SERVICES CLOSED</b>	<b>Pulled Pork Day! 28</b> 9:00 Breakfast / Socialize 10:00 Quote of the Day & Exercise 10:30 Volunteer: Pastor Quam! 11:15 Sing Along! 12:00 BBQ Lunch! 1:15 Volunteer: Isabelle – Cake Baking, Bingo, & Bday Celebration!	<b>Client Birthday! 29</b> 9:00 Breakfast / Socialize 10:00 Quote of the Day & Exercise 10:30 Singo with Emmali! 11:30 Free Time 12:00 BBQ Lunch! 1:00 Craft: Bird Houses & Artwork <b>1:45 Dairy Queen Outing!</b>	<b>30</b> 9:00 Breakfast / Socialize 10:00 Quote of the Day & Exercise 10:30 Singo with Emmali! 11:30 Free Time 12:00 Lunch 1:00 Volunteer: Tamara – Violin! <b>1:45 Dairy Queen Outing!</b>	<b>31</b> 9:00 Breakfast / Socialize 10:00 Volunteer: David – Animal Jingo! 11:00 Quote of the Day & Exercise 12:00 Lunch 1:00 Volunteer: Music with Rachel & Emmali, Games, & Snack!		

