

Three Links Adult Day Services

Life Enrichment: March 2019



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | Saturday | Sunday |
|---|---|--|--|--|----------|-----------------------------------|
| | | | | National Pig Day! 1 9:00 Breakfast / Socialize 10:00 Volunteer: David- Fun on the Farm Jingo! 11:00 Quote of the Day & Exercise! 11:30 Free Time 12:00 Lunch 1:00 St. Patrick's Day Canvases! | 2 | 3 Care-Giver Appreciation Day! |
| 4 9:00 Breakfast / Socialize 10:00 Quote of the Day & Exercise 10:30 Volunteer: David – Board Games & Card Games! 12:00 Lunch 1:00 Volunteer: Tamara – Get to know you and violin music! 2:30 Snack & Conversation | Mardi Gras! 5 9:00 Breakfast / Socialize 10:00 Quote of the Day & Exercise 10:30 Documentary: The Private Life of Deer 12:00 Mardi Gras Lunch! 1:15 Volunteer: Isabelle – Mardi Gras masks & facts! 2:15 Mardi Gras Treats! | Ash Wednesday 6 9:00 Breakfast / Socialize 10:00 Quote of the Day & Exercise 10:30 Adult Coloring & Painting 12:00 Lunch 1:00 Documentary: Moose – Life of A Twig Eater 2:15 National Oreo Cookie Day - Oreo Cookies & Facts! | National Cereal Day! 7 9:00 Breakfast / Socialize 10:00 Quote of the Day & Exercise 10:30 Documentary: Crane Song 11:30 Free Time 12:00 Lunch 1:00 Outing to Northfield Montessori - Craft & Snack with Preschoolers! | 8 9:00 Breakfast / Socialize 10:00 Quote of the Day & Exercise 10:30 Game: What's In the Bag? 11:15 Singo with Emmali! 12:00 Lunch 1:30 Josh & Kids – Conversation Volunteers! 2:30 Snack & Conversation | 9 | 10 Day Light Savings Time! |
| 11 9:00 Donut-Make-You-Wonder? 10:00 Quote of the Day & Exercise 10:30 Volunteer: Pastor Quam! 11:30 Free Time 12:00 Lunch 1:00 Outing to Northfield Montessori - Craft & Snack with Preschoolers! | National Milky Way Day! 12 9:00 International Pancake Day! 10:00 Quote of the Day & Exercise 10:30 Volunteer: Game: What's In the Bag? 12:00 Lunch & Milky Ways! 1:15 Volunteer: Isabelle – St. Patrick's Day Baking! 2:15 Snack & Conversation! | 13 9:00 Breakfast / Socialize 10:00 Quote of the Day & Exercise 10:30 Adult Coloring & Painting 11:30 Free Time 12:00 Lunch 1:00 Board Games & Card Games 2:00 St. Patrick's Day Celebration! | Pi Day! / Client Birthday! 14 9:00 Breakfast / Socialize 10:00 Quote of the Day & Exercise 10:30 St. Patrick's Day Canvases! 11:30 Free Time 12:00 Lunch 1:00 Volunteer: Tamara St. Patrick's Day Jingo! 2:00 St. Patrick's Day Celebration! | 15 9:00 Breakfast / Socialize 10:00 Quote of the Day & Exercise 10:30 St. Patrick's Day Jingo! 11:30 Free Time 12:00 Lunch & Birthday Celebration! 1:00 Music with Emmali! 2:00 Client Presentation: Reminiscing | 16 | 17 St. Patrick's Day! |
| National Sloppy Joe Day! 18 9:00 Breakfast / Socialize 10:00 Quote of the Day & Exercise 10:30 Volunteer: Pastor Quam! 11:30 Free Time 12:00 Lunch: Sloppy Joes! 1:30 Josh & Kids – Conversation Volunteers! | Last Day of Winter! 19 9:00 Breakfast / Socialize 10:00 Quote of the Day & Exercise 10:30 Spring Time Jingo! 12:00 Passport to Ireland Lunch! 1:15 Volunteers – Rachel & Isabelle – Music, Hand Massages, & Manicures! | First Day of Spring! 20 9:00 Breakfast / Socialize 10:00 Quote of the Day & Exercise 10:30 Game: Tell a Story 11:30 Free Time 12:00 Passport to Ireland Lunch! 12:45 Bowling @ J. J. Lanes! 2:30 Snack & Conversation | 21 9:00 Breakfast / Socialize 10:00 Quote of the Day & Exercise 10:30 Sing Along! 11:30 Free Time 12:00 Lunch 12:45 Bowling @ J. J. Lanes! 2:30 Snack & Conversation | 22 9:00 Breakfast / Socialize 10:00 Quote of the Day & Exercise 10:30 Spring Time Jingo! 12:00 Lunch 1:00 Spring Time Adult Coloring & Crafts 2:00 Coffee, Cookies, & Conversation | 23 | 24 |
| Waffle Day! 25 9:00 Breakfast / Socialize 10:00 Quote of the Day & Exercise 10:30 Adult Coloring & Painting 11:30 Free Time 12:00 Breakfast (Waffles) for lunch! 1:00 Board Games & Card Games 2:00 National Nutrition Month Info | 26 9:00 Breakfast / Socialize 10:00 Quote of the Day & Exercise 10:30 March Madness Basketball! 12:00 Lunch 1:15 Volunteer: Isabelle – Bowling, Bucket Toss & Golf! 2:15 National Nutrition Month Info | 27 9:00 Donut-Make-You-Wonder? 10:00 Quote of the Day & Exercise 10:30 March Madness Basketball! 12:00 Lunch 1:00 Music with Rachel & Emmali! 2:00 Games & Conversation with Rachel! | 28 9:00 Donut-Make-You-Wonder? 10:00 Quote of the Day & Exercise 10:30 Singo with Emmali! 11:30 Baseball Facts 12:00 Lunch 1:30 Red Hat Chorus @ Care Center! | 29 9:00 Breakfast / Socialize 10:00 Quote of the Day & Exercise 10:30 Sing Along! 11:30 Free Time 12:00 Lunch 1:00 Bowling, Bucket Toss, & Golf! 2:00 Coffee, Cookies, & Conversation | 30 | 31 |

